



FEBRUARY

River Islands Menu 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Popcorn Chicken W/ Mac N Cheese(38) Bean & Cheese Burrito (41) Baby Carrots(6) Snickerdoodle Cookie (27)	4 Crunchy Turkey Taco w/Cheese (13) Spanish Rice (22) Grilled Cheese Sandwich(31) Tater Tots (16) Treat Fruit Cup (22)	5 Assorted Pop Tart (38) String Cheese (1) 100% Fruit Juice(15)	6 Cheese Quesadilla(37.5) Orange Chicken w/Rice (48) Fortune Cookie (4) 100% Fruit Juice(15)	7 Cheese Pizza (27) Pepperoni Pizza(27) Turkey Ham & Cheese on Hawaiian Roll(32) Nacho Cheese Doritos(9) 100% Fruit Juice(15)
10  <i>Happy Birthday Abraham Lincoln!</i> No School	11 Baked Chicken Corndog(30) Grande Cheese & Beef Nachos(43) Vegetarian Chili Beans (26) Treat Fruit Cup (22)	12 Lucky Charm Unicorn Cereal (23) String Cheese (1) 100% Fruit Juice(15)	13 Chicken Sandwich(43) Chile & Cheese Flaquito (31) Baby Carrots(6) WG Rice Krispy Treat(9)	14 Cheese Pizza (27) Pepperoni Pizza(27) Buffalo Chicken Wrap (26) Nacho Cheese Doritos(9) 100% Fruit Juice(15)
17  <i>Happy Birthday George Washington!</i> No School	18 Grande Cheese & Beef Nachos(43) Turkey Hot Dog on a Bun (28) Vegetarian Chili Beans (26) Treat Fruit Cup (22)	19 Disney Grahams (21) String Cheese (1) 100% Fruit Juice(15)	20 Turkey and Gravy with Potato, Roll (48) Cheesy Bosco Sticks (30) Marinara Sauce (3) WG Rice Krispy Treat(9)	21 Cheese Pizza (27) Pepperoni Pizza(27) Turkey Bacon Club Wrap (28) Nacho Cheese Doritos(9) 100% Fruit Juice(15)
24 Cheese Pizza (27) Hummus Meal Deal (58) 100% Fruit Juice(15)	25 Goldfish Multi Colors (14) String Cheese (1) 100% Fruit Juice(15)	26 Bunny Grahams (26) Colby Jack Cheese(0) 100% Fruit Juice(15)	27 Fruit Loops Cereal Pouch (24) String Cheese (1) 100% Fruit Juice(15)	28 **Students Choice** String Cheese (1) 100% Fruit Juice(15)

**** Parent & Teacher Conference Week ~ February 25 - 28 ~ Minimum Days ****

Served Daily:

- Assorted Fresh Fruit
- Assorted Fresh Vegetables
- 1% White Milk (16)
- NonFat Chocolate Milk (21)

Fresh, Healthy and Good for You!



Carbohydrates for Fresh Fruits

- Apple (13), Sliced Apples (8)
- Petite Banana (12), Pear (16)
- Tangerines (13), Nectarine (15), Plum (10), Watermelon (11)

