RiTechA Running Club
Progressive Marathon

This interval sheet will help Running Club Members keep track of their running miles. Members will need to complete 25.2 miles prior to the culminating event in April.

Running Club Members will need to track their own miles. Running Club Coordinators will not be tracking individual student miles. Parents may sign the authorized signature line for verification of miles completed. All miles must be completed outside of the school day. Students may complete miles on scheduled run days and/or independently.

In order to receive your marathon medal, 26.2 miles must be documented by the culminating event in April.

Date	Miles Completed	Authorized Signature